FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

BENEFICIAL OWNERSHIP

	STATEMENT	OF	CHANGES	IN
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OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* VANDERPLOEG MARTIN J								ne and Tio				symbol	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner								
(Last) 2900 UN	ast) (First) (Middle)					. Date 08/16/		rliest Tran	saction	n (Mo	onth/[Day/Year)	X	X Officer (give title Other (specify below) President & CEO							
(Street) AMES	I	A	50010	_	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person Form filed by More than One Reporting					1		
(City)	(5	State)	(Zip)			Person															
			able I - No						cquir		Dis	_							1		
1. Title of Security (Instr. 3)				Date		saction n/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		ansa ode (I		Disposed	ies Acquired (A) of (D) (Instr. 3, 4		and 5)	5. Amoun Securities Beneficial Owned Fo Reported Transactio	s Form Illy (D) o ollowing (I) (In		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Co	ode	V	Amount	(D)	" Р	rice		(Instr. 3 and 4)				
Class A Common Stock				08/1	16/20	.6/2019				M		275,000			\$0	575,	000			By living trust	
Class A Common Stock			08/1	16/20	6/2019				S		575,00	0 I	\$	556.25	()			By living trust		
Class A Common Stock																314,	918	D			
			Table II -	Deriv	ativ put	e Se	curit Ils. v	ies Aco	quire s. op	d, D	oisp	osed of, convertib	or Bei	nefici uritie	ally O	wned					
1. Title of Derivative Security (Instr. 3)	ve Conversion or Exercise Price of Derivative Security			5. Number of 6. Date Exercisal			able and 7. Title and Amo				8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)						
					Code	v	(A)	(D)	Date Exerc			Title	or Nur	ount nber shares		(Instr. 4)					
Class B Common Stock ⁽¹⁾	(1)	08/16/2019			С			275,000		(1)		(1)	Class A Commo Stock		5,000	\$0	2,240,0	009	I	By living trust	
Class B Common Stock ⁽¹⁾	(1)								,	(1)		(1)	Class A Commo Stock		9,020		889,0	20	I	By charitable remainder trust	
Employee Stock Option to Purchase Class A Common Stock ⁽²⁾	\$12.4								02/01/	/2018	3 ⁽³⁾	01/31/2027	Class A Commo Stock	n 200),204		200,2	04	D		
Employee Stock Option to Purchase Class A Common Stock ⁽²⁾	\$14.74								02/01/	/2017	7(3)	01/31/2026	Class A Commo Stock	168	3,421		168,4	21	D		
Employee Stock Option to Purchase Class A Common Stock ⁽⁴⁾	\$15.83								08/12/	/2015	5 ⁽⁵⁾	08/11/2024	Class A Commo Stock	n 178	3,200		178,2	00	D		

Explanation of Responses:

- 1. Each share of Class B Common Stock is convertible, at any time at the election of the holder, into one share of Class A Common Stock. In addition, each share of Class B Common Stock will convert automatically into one share of Class A Common Stock upon (i) the date specified by the holders of at least 66 2/3% of the outstanding shares of Class B Common Stock, (ii) any transfer, except for certain "qualified transfers" (as defined in the Issuer's Certificate of Incorporation) or (iii) upon the death of a natural person holding shares of Class B Common Stock (subject to certain exceptions as defined in the Issuer's Certificate of Incorporation).
- 2. Grant of stock option pursuant to the 2014 Equity Incentive Plan.
- ${\it 3. Vests in three equal annual installments commencing on the first anniversary of the grant date.}\\$
- 4. Granted pursuant to 2009 Unit Incentive Plan.
- 5. Vests as to 25% of the shares on the first anniversary of the grant date and as to 6.25% of the shares at the end of each three-month period thereafter.

Remarks:

/s/ Troy M. Calkins as attorney- 08/16/2019

in-fact for Martin J. Vanderploeg

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.